# Top cancer care for your patients, right here in Monroeville.







## An expert team built around each patient.

Life changes suddenly for people who are told they have cancer. But after the shock wears off, patients want help getting the most effective treatment from experts in their cancer.

The AHN Cancer Institute at Forbes Hospital in Monroeville has oncologists who tailor treatment plans for each patient. And with starting care quickly being so crucial to outcomes, our cancer team typically meets patients within three days of diagnosis to discuss next steps.

Most patients can receive all of their treatments right at the Forbes location, including some of the latest therapies and innovations. And if patients have more challenging cancers, they have direct access to additional AHN oncology experts who specialize in specific types of the disease.

That means top cancer care, closer to home, and a support team that's always close by.



## An innovative treatment facility centered on patients.

### Everyone has their own cancer journey.

That's why the patients you refer to the AHN Cancer Institute at Forbes Hospital receive personalized care from clinicians they come to know and rely on.

The state-of-the-art facility has advanced technologies and therapies that target patients' cancers for the best possible outcomes.

And it's all in comfortable, peaceful surroundings where the staff comes to know and support each patient and their family.





### Advanced treatments and high-quality care.

### Surgery

Our highly experienced AHN surgeons perform procedures to prevent, diagnose, and treat cancer. For some cancers, we use robotics and other specialized techniques so the impact to the body is as minimal as possible. That often means small scars or none at all, less pain, and a pretty quick return to daily routines. Surgeons are included on a patient's care team when the need arises.

### **Radiation therapy**

We have advanced technology to deliver highly precise radiation directly to tumors, minimizing harm to surrounding healthy tissue and organs.

### Chemotherapy

Our medical oncologists determine the most effective type of medical treatments to kill cancer cells, control their growth, or relieve pain symptoms. We use chemotherapy in combination with other treatments to either shrink tumors before surgery or radiation or to eliminate all cancer cells after other treatments have been performed.

### Immunotherapy and targeted therapy

Our doctors treat some patients with immunotherapy, which boosts their immune systems to fight cancer cells. And we treat others by targeting cancer-eliminating drugs directly to the abnormal parts of the cell that create the disease.

### **Clinical trials**

We discover new and better cancer treatments through clinical trials. A patient's care plan may include one of these cutting-edge treatments.

## Specialists for every type of cancer.

No one fights cancer alone. Not patients. And not us.

Each patient at the AHN Cancer Institute at Forbes has a comprehensive care team, working together to ensure the best possible outcome.

And they also have the extra backing of a larger team of physicians known as tumor boards, each having deep expertise in cancer specialization.

These clinicians discuss and determine the right combination of treatments, even therapies that target cancers based on a patient's genetic profile.

Through video conferencing, these meetings include doctors at all of our AHN Cancer Institute locations, including Forbes Hospital.

We do this so every patient has the same group expertise, no matter where they go for their doctor visits and treatments.



### Like you, we're motivated by helping patients.

So when we're exploring and discovering new ways to diagnose and treat cancer, we think big and creatively. Our doctors and scientists work together to come up with novel ideas and approaches. And when one looks promising, we have to test it, evaluate it, and test it again. It can take years to prove that a scientific breakthrough is safe and effective.

And telling a patient that we have new hope makes it all worth it.

With so many breakthroughs on the horizon, we've built a new research hub where our scientists can explore them. The AHN Cancer Institute at Allegheny General Hospital (AGH) in Pittsburgh is where we research theories, test clinical trials, and explore cutting-edge technology. All with the goal of detecting cancer earlier and treating it better while reducing the impact to patients' bodies and lives.



### New leader is a difference maker.

David Bartlett, MD, brings three decades of cancer research, surgical oncology innovations, and proven leadership to his new role as chair of the AHN Cancer Institute. He's been a pioneer in abdominal cancer treatments and a dedicated, prolific researcher, including with the National Cancer Institute.

David Bartlett, MD
Chair, AHN Cancer Institute

"What is so impressive about the AHN Cancer Institute is that it's expanding and growing in order to reach people in their communities,"

Dr. Bartlett said. "And the staff are so dedicated to their patients and doing the right thing for the right reasons."

### Dr. Bartlett is passionate about researching treatments for patients with aggressive and complex cancers.

"The most rewarding aspect for me of being a physician is having patients who have lost hope and having the ability to say, 'I think there is hope with a novel therapy that can make a big difference in their lives."



# Supporting patients' physical and emotional needs.

Cancer care goes well beyond treating the disease. We focus on patients' total health before, during, and after their treatments, so they always have a support team in place.

These are some of AHN's offerings for oncology patients' unique needs.

### One nurse to guide each patient

Patients have their own nurse navigator from beginning to end of their cancer journey, for comprehensive guidance and support.

### Testing genes for hereditary cancer

If a patient has a type of cancer that poses an inherited cancer risk, we have genetic counselors who provide testing and management options.

### Rehabilitating the body

Specially trained AHN oncology physical therapists can help minimize side effects and maximize a patient's quality of life.

### Keeping the heart strong

Patients who may be at risk for heart troubles because of their treatments can receive care from our cardio-oncology specialists.

### Holistic approach to treatment

Patients can have complementary therapies like meditation, massage therapy, yoga, and acupuncture.

### Strengthening mental health

We have psychiatrists, social workers, and support groups to help patients with their mental well-being.



### Language accessibility and nondiscrimination

Allegheny Health Network (AHN) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex in its health programs and services. In order to treat individuals in a nondiscriminatory manner, AHN provides free communication and language assistance services.

### Arabic

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 3131-359-412.

### Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 412-359-3131.

### **French Creole**

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 412-359-3131.

### French

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 412-359-3131.

### German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 412-359-3131.

### Gujarati

સુર્યના: જો તમે ગુજરાતી બોલતા હો, તો નિઃશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 412-359-3131.

### Italian

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 412-359-3131.

### Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 번으로 전화해 주십시오. 412-359-3131.

### **Mon-Khmer**

បុរយ័ត្តន៖ បីសិនជាអ្ននកនិយាយ ភាសាខុមរៃ, សវាជំនួយផុនក្រៃភាសា ដាយមិនគិតឈុនូល គឺអាចមានសំរាប់បរិអុនក។ ចូរ ទូរស័ពុទ 412-359-3131.

### Nepali

ध्यान दिनुहोस्: यदि तपाईं नेपाली भाषा बोल्नुहुन्छ भने, तपाईंका लागि भाषा सहायता सेवाहरू नि:शुल्क उपलब्ध हुन्छन्। 412-359-3131 मा फोन गर्नुहोस्।

### **Pennsylvania Dutch**

Wann du Deitsch schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: call 412-359-3131.

### Polish

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 412-359-3131.

### Portuguese

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 412-359-3131.

### Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 412-359-3131.

### Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 412-359-3131.

### Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 412-359-3131.

### Personalized referral portal for you.

AHN Physician-to-Physician Referral System is available 24/7 for a referral, emergency admissions, or interfacility transfers. Please call 1-888-660-4884 or 412-359-8066.

AHN Cancer Institute – Forbes welcomes you to reach out directly to these programs with any questions:

Medical Oncology: 412-373-4411 Radiation Oncology: 412-856-7740 Surgical Oncology: 833-246-7662

AHN Cancer Help Line is for your patients to make an appointment and for 24/7 answers and support. It's free to everyone. Please have them to call 412-NURSE-4-U or 412-687-7348.

AHN Cancer Institute — Forbes 2626 Haymaker Road Monroeville, PA 15146

