

AHN Women

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Women's  
health  
experts  
start by  
listening



Caring for all of her, all of her life is #LivingProof.

## We start with your concerns. Then we work together to keep you healthy.

At AHN Women, you'll have unmatched expertise on your side, for family-centered childbirth, 3D mammograms, or the latest therapies for fighting breast and gynecologic cancer. Our doctors will get to know you and give you the time you need.

### Celebrating childbirth

About 8,100 babies are born each year at five AHN hospitals: Forbes, Jefferson, Saint Vincent, West Penn, and Wexford. You'll experience personal nursing care and family-centered childbirth with skilled obstetricians in our spacious birthing suites.

- Your newborn benefits from skin-to-skin contact.
- Postpartum nurses teach infant care, bathing, and breastfeeding.
- Midwives are available at Jefferson Hospital and at Saint Vincent Hospital in Erie.

If you need it, you'll have access to:

- Specialists in childbirth complications.
- Advanced care for fragile or premature babies, in a level 2 or level 3 NICU.
- The Alexis Joy D'Achille Center for Perinatal Mental Health at West Penn Hospital, which helps mothers overcome pregnancy-related mood disorders like anxiety and depression.
- Perinatal Hope — a program for pregnant and postpartum patients with substance use disorder to get counseling, medication-assisted treatment, and obstetric care.

## Women's care for every stage of life

### Urogynecology: Keeping you comfortable

Our fellowship-trained urogynecologists can help you manage leakage, urgency, and:

- Postpartum pelvic floor disorders.
- Bladder incontinence.
- Prolapse.
- Overactive bladder.
- Urinary retention (inability to empty the bladder).

### Top-quality cancer care focused on you

Our specialists in women's cancer work as a team to provide a quick diagnosis and personalized treatment plan — which may include:

- The newest genomics and immunotherapies.
- Fellowship-trained breast surgeons.
- Navigators to coordinate tests and answer questions.
- A survivorship program.

### Imaging for diagnosis and treatment

We also offer:

- Full-field digital 3D mammography.
- Breast ultrasound.
- Automated breast ultrasound — ABUS.
- Breast MRI and MRI-guided biopsies.
- Stereotactic and ultrasound guided biopsies.



### Personalized therapy services

Specialty physical therapists are certified in pelvic floor evaluation and rehab as well as lymphedema care.

### AHN Women's Heart Center

Cardiologists who specialize in women's heart health use innovative therapies and technology.

We offer diagnostic testing, prevention, health assessments, and heart care during pregnancy, following cancer treatments, and at other stages of life.

## Fertility

To help you get the family you want, we offer women with polycystic ovarian syndrome, endometriosis, and menstrual and reproductive disorders, various options:

- In vitro fertilization
- Egg freezing
- Donor egg programs
- Tubal reversal
- Genetic counseling

## Gynecologic care

- Routine exams, pelvic health, and urogynecology
- Breast and gynecological cancer care
- Wellness education and support groups

## Preventive health screenings and diagnostics

- Mammography and breast imaging
- Bone density testing
- Ultrasound
- Pap test, colonoscopy, and other cancer screenings
- Laboratory services

## Specialty care

- Autoimmune diseases
- Bariatrics and weight loss
- Cardio-oncology
- Endocrinology and diabetes
- Gastroenterology
- Gestational cardiology
- Menopause and mid-life care
- Plastic surgery
- Sleep disorders
- Women's behavioral health

Learn more at [AHN.org/women](https://www.ahn.org/women).

For a primary care or specialty provider appointment, call **(412) DOCTORS** or **814-87WOMEN** (in Erie).



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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 412-359-3131

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