

3001 Cool Springs Dr. Pittsburgh PA 15234 (412-437-3001) www.ahn.org/sportsperformance

D2 VISUOMOTOR TRAINING SYSTEM



- Discover *DYNAVISION*, the light-training reaction device, developed to train sensory motor integration through the visual system. The increased ability to receive visual stimuli, mentally process this information, then react to it with a motor response, has vast implications for human performance.
- Designed for high performance athletic training, it was soon discovered as an incredible evaluation tool for head-injuries, concussions and visual field-deficits. The Dynavision D2 Visuomotor with a Tachistoscope is the only system that is widely used by athletes, both professionals and amateurs in all sports for reactive/cognitive training and testing.
- The D2 has a range of features designed to train the athlete for reactive and proactive visual responses. Additionally it provides the athlete the ability to be tested in order to establish a baseline for tangible improvement analysis.

BENEFITS OF VISUMOTOR TRAINING

- Incorporates gross motor skills
- Progresses neuro-cognitive abilities
- Expands peripheral awareness
- Trains reaction time
- Improves functional mobility
- Develops enhanced balance

CALL 412-437-3001 TO BOOK YOUR DYNAVISION SESSION TODAY!

AHN SPORTS PERFORMANCE