

Pediatric Behavioral Health

# Care for the emotional side of kids' injuries.



Allegheny Health Network (AHN) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex in its health programs and services. In order to treat individuals in a nondiscriminatory manner, AHN provides free communication aids and language assistance services.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. (412) 330-2400

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (412) 330-2400

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (412) 330-2400



staunton farm  
foundation

05/20 HC414509



Pediatric Orthopaedic Institute

# Orthopaedic care made just for your little ones.

When treating physical issues like broken bones and other conditions in children and teens, it's important to support their emotional health too. That's why we have behavioral health services available, right in our office.

Our experts address the feelings that come up when children have unfamiliar medical procedures and limitations during recovery. We help kids cope with the emotional side of chronic conditions, sitting out from sports, wearing a cast, isolation from friends, or the lingering effects of a concussion.



#### Our pediatric mental health care team:

- Surveys families for a baseline assessment.
- Provides therapeutic play, education, and preparation for procedures.
- Teaches coping strategies to reduce anxiety.
- Enhances cooperation with the medical team.
- Evaluates a concussion's effect on day-to-day activities.
- Provides short-term interventions or referrals as necessary.

**Need to see someone today? We can get you in.**

Call 724-933-6699 for a same-day appointment.

## Meet our behavioral health specialists



Rebecca A. Zill, PsyD, is a neuropsychology fellow experienced in behavioral health assessment and intervention. She helps children and families cope with their emotions and the behavioral health difficulties that can arise as the result of injury or treatment.



Kaitlin Striker, CCLS, is a certified child life specialist and an advocate for family-centered care. She helps families strengthen communications, deal with emotional upheavals, and support each other after an injury or during treatment.

## All the care your child needs

- Injury treatment
- Spine and musculoskeletal care
- Concussion care and sports medicine
- Behavioral health screening and consultation
- Physical, occupational, speech, developmental, and nutritional therapy

### Pediatric Orthopaedic Institute

**724-933-6699**

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**Our care grows as your young one grows,**

from infancy all the way to 22 years old.