

# Resources and support to cope with the unimaginable.

Olivia's Angels Perinatal Palliative Care Program





## This feels impossible. We'll guide you through it.

You're dealing with emotions that no parent should have to feel. As you move forward in your pregnancy and plan for an unbearable outcome, the AHN team is here to provide support, guidance, and compassion during this painful time.

Through our Olivia's Angels Perinatal Palliative Care Program, your care team will work closely with you to make a plan for what's to come. We'll walk you through difficult scenarios, respect your wishes, and connect you to helpful resources.

Together, we'll decide on ways to honor your child and help you find peace in the midst of heartbreak.

#### What happens next.

Your obstetrical provider has referred you to our Perinatal Palliative Care Program. A care team member will be reaching out soon to set up your first appointment. We understand that your journey is unlike anyone else's and your mind is likely racing.

During that first appointment, we'll get to know you, answer any questions you may have, and talk about what to expect — from pregnancy to birth to finding your way forward.

#### Preparing for precious time together.

As you work with your care team — which includes your maternal fetal medicine physician, genetic specialists, neonatal clinicians, nurses, and bereavement services — we'll discuss resources available, including:

- Cultural and religious traditions: We'll honor your particular background and help coordinate any services.
- Keepsakes: You'll receive prenatal images after each appointment. After delivery, we can take photos of your baby and family, and collect hand and footprints.
- **Grief counselors:** We can connect you and your family to bereavement specialists and support groups.

It is said that we grieve because we love — and our team understands just how deeply you love your child. We'll do our best to honor your wishes so that you can cherish your time together as a family.

**Have a question?** Reach out to our program director, Dr. Marta Kolthoff, at **Marta.Kolthoff**@ahn.org.

### Olivia's story: How we got our name.

On October 2, 1999, Susan and Dan Bevevino welcomed their daughter, Olivia. They said their hardest goodbyes just a few hours later.

With a belief that something good had to come from their experience, the Bevevinos made a substantial contribution to AHN West Penn Hospital. In doing so, they've named our program after their daughter:

Olivia's Angels Perinatal Palliative Care Program.

The Bevevinos hope that their gift supports other families as they navigate unthinkable choices and cope with grief, shock, and the post-traumatic stress that comes with losing a child.

