

The Cardiovascular Institute

The Wexford Health + Wellness Pavilion brings nationally recognized cardiovascular services to the North Hills community. The Allegheny Health Network Cardiovascular Institute and its doctors have been recognized as some of the best in the country by *U.S News and World Report*, Thomson Reuters, *Becker's Hospital Review* and the American Heart Association.

Comprehensive Care with the Most Advanced Treatment Options

The cardiovascular team treats simple to complex conditions, including:

- Aortic disease
- Atrial fibrillation
- Cardiac rhythm disorders
- Carotid artery disease
- Coronary artery disease
- Chronic venous insufficiency
- Chronic wounds, such as arterial and venous wounds
- Heart failure
- Hemodialysis access
- Hypertension
- Peripheral arterial disease
- Pulmonary hypertension
- Structural heart disease
- Valvular heart disease
- Varicose veins

At the Cardiovascular Institute, doctors are focused on delivering the best personalized care to every patient. Towards that end, the Institute uses state-of-the-art technology that enables precise diagnosis of any heart condition. The use of the latest medications and evidence-based guidelines help to achieve the best clinical outcomes in all our patients.

About the Wexford Health + Wellness Pavilion

The Wexford Health + Wellness Pavilion is an integrated entity of Allegheny Health Network. At the Wexford Health + Wellness Pavilion, our focus is on you and your health. Patients can access a wide range of services, from primary and specialty care to outpatient surgery and advanced, state-of-the-art support services in diagnostic imaging, laboratory services, and physical and occupational therapy. The pavilion offers many amenities, including complimentary valet parking, concierge service, a staffed Austin's Playroom, café, retail pharmacy, Visionworks, outdoor walking trail and much more. The Wexford Health + Wellness Pavilion is dedicated to providing exceptional healthcare close to home and serves as your premier partner in health and wellness.



Health+Wellness Pavilion

Wexford

Cardiovascular Institute



Allegheny Health Network

AHN.org

Health + Wellness Pavilion
12311 Perry Highway
Wexford, PA 15090

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Cardiac Imaging

Highly advanced imaging technology allows for exceptional real-time images and views of the heart to accurately uncover the cause of even the most complex heart conditions. The Wexford Health + Wellness Pavilion offers both echocardiograms and nuclear images with and without exercise testing as well as vascular studies in one convenient location.

Cardiac Rehabilitation

Our Cardiac Rehab Specialists offer a comprehensive, individualized exercise and education program for individuals diagnosed with or have undergone invasive cardiac procedures for treatment of heart disease, including:

- Coronary Artery Bypass Surgery (CABG)
- Valve Repair/Replacement
- Angioplasty or Stent Placement
- Heart Attack
- Heart Transplant
- Heart Failure
- Angina

Our goal is to guide you toward wellness and provide the tools you need to maintain a healthy, active lifestyle. During each exercise session, your blood pressure, heart rate, EKG and oxygen saturation levels are closely monitored to ensure an optimal experience and a safe return to daily activities. Individual education from our rehabilitation staff helps guide you through a successful transition to a heart-healthy, active life.

The program benefits are maximized through a multi-disciplinary professional staff of clinical exercise physiologists, registered nurses, registered dietitians and behavioral health specialists working closely with your cardiologist to help achieve your optimum heart health.

The Cardiac Rehab program is a covered service by most insurance companies. Joining is easy; the rehabilitation department will contact your insurance company to verify your benefits prior to beginning the program. The department will

also work with your physician's office to obtain all necessary referrals, making your transition to a heart healthy lifestyle stress free.

Cardiothoracic Surgery

Our cardiothoracic surgeons are experts in all cardiac surgical procedures including advanced surgeries. They routinely use cutting edge technologies and procedures including minimally invasive approaches, robotic heart surgery, transcatheter heart valves and mechanical circulatory support. Now, patients can schedule pre-op and post-op appointments with cardiovascular surgeons at the Wexford Health + Wellness Pavilion.

Congestive Heart Failure

Specialists in congestive heart failure are available to discuss the entire spectrum of heart failure treatment options including novel drug therapy, cardiac transplantation and mechanical circulatory support. Our experts are also specialized in the care of patients with pulmonary hypertension.

Vascular Surgery

A multidisciplinary team that includes physicians from vascular surgery, vascular medicine, interventional radiology and cardiology works together to provide the most well-rounded treatment plan possible to treat vascular disease. The use of innovative equipment and technology allows our surgeons to remain ahead of the curve while treating vascular conditions.

The Women's Heart Center

The first heart center of its kind in Allegheny County devoted exclusively to women was created four years ago in McCandless to educate women on preventing, diagnosing and treating heart disease. The Allegheny Health Network Women's Heart Center treats adult women of all ages from preventative cardiac care to complex cardiovascular conditions. We are especially attuned to identifying women at risk of cardiovascular disease for whom preventive services can be directed. The multidisciplinary healthcare team includes cardiologists, nurses, nutritionists and exercise physiologists to facilitate a plan of care

specific to a woman's unique needs. Collaboration with specialties such as endocrinology, obstetrics, gynecology, psychiatry, vascular medicine, rheumatology and dermatology provides the most comprehensive care possible.

Cardiovascular Research

The physicians at the Cardiovascular Institute are focused on conducting research that leads to even better ways to prevent, find and treat heart disease. Currently, many of our doctors are working on more than 75 research projects that include using gene therapy to better prevent heart failure and pulmonary hypertension, testing a mechanism to reduce blood pressure, implanting a device designed to treat heart failure and using a minimally invasive technique to reduce the risk of stroke in patients with abnormal heartbeats. Many of our patients are suitable candidates for these devices and clinical trials, giving them even more promising options for their heart health.

Cardiology

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Cardiology - Congestive Heart Failure

Srinivas Murali, MD
Amresh Raina, MD

Cardiothoracic Surgery

Walter McGregor, MD

Vascular Surgery

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To schedule an appointment with one of our specialists at the Wexford Health + Wellness Pavilion, please call **412.DOCTORS (412.362.8677)**. For general information about the pavilion, call **844-HWP-4YOU (844.497.4968)**.